

Reading List: Approaches to Asian Religions (Lindquist, 2026)

Week 1: Introduction

Hinduism

Week 2: Muesse, Mark W. *The Hindu Traditions: A Concise Introduction*. Minneapolis: Fortress Press, 2011.

Week 3: Martin, Nancy M. *Mirabai: The Making of a Saint*. New York: Oxford University Press, 2023.

Week 4: Singleton, Mark. *Yoga Body: The Origins of Modern Posture Practice*. New York: Oxford University Press, 2010.

Week 5: Flueckiger, Joyce Burkhalter. *On Mullingar Hill: Memory, Movement and Belonging in a Himalayan Hill Station*. New Delhi: Primus Books, 2025.

Buddhism

Week 6: Strong, John. *Buddhisms: An Introduction*, OneWorld Publications, 2015.

Week 7: Lopez, Donald S., Jr. *The Buddha: Biography of a Myth*. Yale University Press, 2025.

Week 8: Olivelle, Patrick. *Ashoka: A Biography*. New Haven, CT: Yale University Press, 2024.

Week 9: Jacoby, Sarah H. *Love and Liberation: Autobiographical Writings of the Tibetan Buddhist Visionary Sera Khandro*. New York: Columbia University Press, 2014.

East Asia

Week 10: (1) Gardner, Daniel K. *Confucianism: A Very Short Introduction*. Oxford: Oxford University Press, 2014.

(2) Miller, James. *Daoism: A Beginner's Guide*, OneWorld Publications, 2008.

Week 11: Smith, Richard J. *The I Ching: A Biography*. Princeton, NJ: Princeton University Press, 2012.

Week 12: Goossaert, Vincent. *The Heavenly Masters: A History of the Daoist Community*. Honolulu: University of Hawai'i Press, 2021.

Week 13: Chau, Adam Yuet. *Religion in China: Ties That Bind*. Cambridge: Polity Press, 2019.